

## Loon Lake Triathlon 2010 Results by Age Group

### Male 19 & under

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	26	Joshua Frei	7:59:53	0:11:07	0:28:09	25.58	0:00:24	0:17:18	5:35	8:56:51	0:56:58
2	52	Ethan Roberts	7:59:53	0:07:08	0:37:11	19.36	0:00:46	0:21:37	6:58	9:06:35	1:06:42
3	58	Mitchell Stoltzman	7:59:53	0:09:31	0:43:41	16.48	0:01:44	0:26:43	8:37	9:21:32	1:21:39
4	44	Mac Tellefson	7:59:53	0:13:36	0:53:27	13.47	0:03:35	0:32:50	10:35	9:43:21	1:43:28

### Male 20-29

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	54	Jose Rosales	7:59:53	0:04:07	0:30:50	23.35	0:00:48	0:19:20	6:14	8:54:58	0:55:05
2	64	Seth Warren	7:59:53	0:06:16	0:38:19	18.79	0:01:59	0:17:56	5:47	9:04:23	1:04:30
3	14	Garrett Clause	7:59:53	0:10:07	0:36:31	19.72	0:00:40	0:24:33	7:55	9:11:44	1:11:51
4	43	Nicholas Kleve	7:59:53	0:07:21	0:36:51	19.54	0:01:22	0:26:44	8:37	9:12:11	1:12:18
5	59	Don Swedberg	7:59:53	0:08:25	0:40:44	17.68	0:00:33	0:24:34	7:55	9:14:09	1:14:16
6	60	Adam Thompson	7:59:53	0:07:57	0:44:43	16.1	0:00:29	0:23:29	7:35	9:16:31	1:16:38
7	32	Erik Jacobs	7:59:53	0:07:53	0:48:43	14.78	0:00:31	0:27:09	8:45	9:24:09	1:24:16
8	1	Zach Alms	7:59:53	0:09:44	0:56:59	12.64	0:01:02	0:25:29	8:13	9:33:07	1:33:14

### Male 30-35

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	47	David Moeding	7:59:53	0:07:26	0:38:28	18.72	0:00:41	0:24:02	7:45	9:10:30	1:10:37
2	10	Bronson Power	7:59:53	0:07:11	0:36:41	19.63	0:01:24	0:25:48	8:19	9:10:57	1:11:04
3	5	Paul Bennett	7:59:53	0:09:29	0:40:57	17.58	0:01:39	0:24:49	8:00	9:16:47	1:16:54
4	69	Aaron Wishart	7:59:53	0:08:37	0:42:28	16.95	0:01:12	0:25:49	8:20	9:17:59	1:18:06
5	68	Chris Wilkinson	7:59:53	0:16:19	0:55:03	13.08	0:01:54	0:35:17	11:23	9:48:26	1:48:33

### Male 36-44

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	80	Jeff Johnson	7:59:53	0:06:40	0:34:46	20.71	0:01:04	0:20:34	6:38	9:02:57	1:03:04
2	63	Kyle Vogt	7:59:53	0:06:29	0:36:12	19.89	0:00:46	0:20:10	6:30	9:03:30	1:03:37
3	27	Geoffrey Goellner	7:59:53	0:08:56	0:44:07	16.32	0:00:50	0:21:50	7:03	9:15:36	1:15:43
4	61	Paul Tweet	7:59:53	0:11:31	0:38:09	18.87	0:01:02	0:26:30	8:33	9:17:05	1:17:12

5	79	Joe Norgren	7:59:53	0:08:57	0:45:43	15.75	0:00:45	0:29:00	9:21	9:24:18	1:24:25
6	2	Don Anderson	7:59:53	0:09:13	0:43:11	16.67	0:01:01	0:32:05	10:21	9:25:23	1:25:30
7	66	Mark Westphal	7:59:53	0:11:24	0:51:32	13.97	0:01:00	0:31:39	10:13	9:35:28	1:35:35

#### Male 45-54

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	36	Brad Johnson	7:59:53	0:11:07	0:26:54	26.77	0:00:51	0:18:40	6:01	8:57:25	0:57:32
2	46	Michael Danielson	7:59:53	0:05:42	0:32:39	22.05	0:01:03	0:18:35	0:25	8:57:52	0:57:59
3	48	Tim Murray	7:59:53	0:06:18	0:33:09	21.72	0:00:15	0:22:11	7:09	9:01:46	1:01:53
4	75	Randy Knutson	7:59:53	0:05:23	0:33:51	21.27	0:00:47	0:23:54	7:43	9:03:48	1:03:55
5	72	Donn Vetter	7:59:53	0:08:21	0:42:49	16.82	0:01:23	0:14:34	4:42	9:07:00	1:07:07
6	84	Robert Martin	7:59:53	0:08:04	0:36:06	19.94	0:00:34	0:23:07	7:27	9:07:44	1:07:51
7	39	Timothy Jung	7:59:53	0:07:16	0:36:11	19.9	0:00:58	0:23:59	7:44	9:08:17	1:08:24
8	16	Jon Davis	7:59:53	0:07:31	0:41:50	17.21	0:02:06	0:26:06	8:25	9:17:26	1:17:33
9	33	Jay O'Neill	7:59:53	0:08:55	0:48:06	14.97	0:01:03	0:26:45	8:38	9:24:42	1:24:49
10	37	Erik Johnson	7:59:53	0:07:37	0:39:30	18.23	0:03:55	0:36:52	11:54	9:27:47	1:27:54
11	21	Michael Dimond	7:59:53	0:09:15	0:48:08	14.96	0:02:38	0:28:36	9:14	9:28:30	1:28:37

#### Male 55 and over

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	81	Dennis Ellingson	7:59:53	0:06:00	0:34:05	21.12	0:01:02	0:23:59	7:44	9:04:59	1:05:06
2	7	Mike Borneke	7:59:53	0:10:18	0:35:53	20.07	0:00:51	0:24:56	8:03	9:11:51	1:11:58
3	23	Gary Eichmeyer	7:59:53	0:08:28	0:42:46	16.84	0:00:45	0:33:13	10:43	9:25:05	1:25:12
4	71	Tom Norman	7:59:53	0:11:33	0:53:32	13.45	0:01:06	0:32:09	10:22	9:38:13	1:38:20

#### Team Results

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	95	Peter&Andrew&Caleb Har	7:59:53	0:04:52	0:37:17	19.31	0:00:35	0:20:36	6:39	9:03:13	1:03:20
2	28	Graupman Blashko	7:59:53	0:06:45	0:36:19	19.83	0:00:20	0:23:05	7:27	9:06:22	1:06:29
3	100	Sara&David&Holly Vetch F	7:59:53	0:05:26	0:44:48	16.07	0:00:24	0:22:36	7:17	9:13:07	1:13:14
4	76	Raechel Erdman	7:59:53	0:05:35	0:48:35	14.82	0:00:18	0:27:07	8:45	9:21:28	1:21:35
5	97	Mandy Hermel team	7:59:53	0:07:17	0:48:17	14.91	0:00:47	0:25:43	8:18	9:21:57	1:22:04
6	94	Malachi&Dalton&Max Gra	7:59:53	0:06:37	0:45:15	15.91	0:00:18	0:31:18	10:06	9:23:21	1:23:28
7	99	Jaclyn&Kelly&Omar Nigon	7:59:53	0:05:36	0:46:20	15.54	0:00:25	0:32:36	10:31	9:24:50	1:24:57

8	93	Deb&Amanda&Nicole Eva	7:59:53	0:06:02	0:53:00	13.58	0:00:26	0:27:30	8:52	9:26:51	1:26:58
9	98	Kalen&Blaid&Bret Magers	7:59:53	0:11:32	0:57:51	12.45	0:00:23	0:24:47	8:00	9:34:26	1:34:33
10	96	Jackie Hermel team	7:59:53	0:09:24	1:00:29	11.9	0:00:21	0:26:44	8:37	9:36:51	1:36:58

#### Female 19 & under

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	25	Annika Ferber	8:10:00	0:08:11	0:42:41	16.87	0:01:20	0:25:33	8:15	9:27:45	1:17:45

#### Female 20-29

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	41	Carrie Kern	8:10:00	0:09:51	0:43:45	16.46	0:01:43	0:23:42	7:39	9:29:01	1:19:01
2	8	Cassandra Brady	8:10:00	0:08:00	0:47:53	15.04	0:00:40	0:22:38	7:18	9:29:11	1:19:11
3	29	Shannon Hart	8:10:00	0:09:05	0:41:03	17.54	0:01:14	0:28:07	9:04	9:29:29	1:19:29
4	53	Jessica Roemhildt	8:10:00	0:07:44	0:48:11	14.94	0:01:42	0:27:39	8:55	9:35:16	1:25:16
5	82	Jennifer Homer	8:10:00	0:09:07	0:47:40	15.1	0:01:00	0:30:01	9:41	9:37:48	1:27:48
6	56	Heather Schlageel	8:10:00	0:08:28	0:52:52	13.62	0:01:16	0:27:36	8:54	9:40:12	1:30:12
7	9	Carlie Brandts	8:10:00	0:12:13	0:51:22	14.02	0:00:55	0:28:35	9:13	9:43:05	1:33:05
8	18	Megan Davis	8:10:00	0:10:48	0:50:18	14.31	0:01:09	0:30:53	9:58	9:43:08	1:33:08
9	78	Kelsey Hennen	8:10:00	0:11:17	0:51:14	14.05	0:02:29	0:30:18	9:46	9:45:18	1:35:18
10	17	Kari Davis	8:10:00	0:11:52	1:00:19	11.94	0:02:05	0:30:41	9:54	9:54:57	1:44:57

#### Female 30-35

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	35	Jennifer Sargeant	8:10:00	0:09:11	0:48:10	14.95	0:02:10	0:33:12	10:43	9:42:43	1:32:43
2	4	Laurie Bauer	8:10:00	0:01:00	1:03:21	11.37	0:01:36	0:30:59	9:59	9:46:56	1:36:56
3	34	Jemie Tellefson	8:10:00	0:12:25	0:50:13	14.34	0:02:21	0:34:11	11:02	9:49:10	1:39:10

#### Female 36-44

s	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	70	Gretchen Sadaka	8:10:00	0:06:44	0:36:58	19.48	0:01:05	0:21:00	6:46	9:15:47	1:05:47
2	83	Teresa VanHytte	8:10:00	0:06:49	0:39:25	18.27	0:01:46	0:22:06	7:08	9:20:06	1:10:06
3	55	Jullie Schilling	8:10:00	0:09:24	0:41:46	17.24	0:00:53	0:26:22	8:30	9:28:25	1:18:25
4	15	Gina Cooper	8:10:00	0:08:43	0:43:10	16.68	0:00:29	0:26:58	8:42	9:29:20	1:19:20
5	50	Melissa Richardson	8:10:00	0:06:55	0:45:10	15.94	0:00:39	0:27:44	8:57	9:30:28	1:20:28

6	73	Cheryl Johnson	8:10:00	0:11:48	0:43:23	16.6	0:00:50	0:25:34	8:15	9:31:35	1:21:35
7	11	Melissa Bunde	8:10:00	0:10:35	0:42:19	17.01	0:01:54	0:26:52	8:40	9:31:40	1:21:40
8	30	Heidi Springmeyer	8:10:00	0:08:46	0:45:50	15.71	0:01:56	0:31:47	10:15	9:38:19	1:28:19
9	12	Jackie Carr	8:10:00	0:10:26	0:48:27	14.86	0:01:20	0:33:46	10:54	9:43:59	1:33:59
10	22	Nancy Drescher	8:10:00	0:09:52	0:51:41	13.93	0:05:08	0:35:33	11:28	9:52:14	1:42:14

Female 44 and over

Place	Bib #	Name	Start	Swim	Bike	MPH	T2	Run	Pace	Finish	elapsed
1	45	Carol Marston	8:10:00	0:08:05	0:37:37	19.14	0:01:26	0:25:41	8:17	9:22:49	1:12:49
2	19	Michelle Davis	8:10:00	0:08:23	0:40:03	17.98	0:01:56	0:25:03	8:05	9:25:25	1:15:25
3	38	Mary Jones	8:10:00	0:10:25	0:42:33	16.92	0:01:23	0:24:34	7:55	9:28:55	1:18:55
4	24	Stephanie Eichmeyer	8:10:00	0:09:29	0:48:36	14.81	0:01:02	0:33:10	10:42	9:42:17	1:32:17
5	77	Kathy Hennen	8:10:00	0:11:15	0:51:35	13.96	0:02:03	0:30:26	9:49	9:45:19	1:35:19
6	20	Janice Dimond	8:10:00	0:10:59	0:49:51	14.44	0:02:43	0:32:17	10:25	9:45:50	1:35:50